



Sunday Meeting

10:30am, 14th June, 2020

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Meeting Topic

What does a Holy Life look like? JOY!

Is Joy just a feeling – or is it something else?

What is Joy? Where does joy come from? Have you got it? Do you need more?

The truth is we all need more joy in our lives, but is joy the same as happiness?

Jesus, Peter, and Paul all seemed to live lives of joy, despite the difficult situations they sometimes found themselves in.

So how were they able to maintain their joy and sense of wellbeing?

Study Scriptures

Galatians 5:16-26

Psalms 16:11

Nehemiah 8:8-11

Philippians 1:4;

1 Thessalonians 5:16

Isaiah 61:1-3



The Truth about Joy – Joy is:

- 1
- 2
- 3
- 4

Reasons for Joy

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What Robs us of Joy?

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Results of having Joy in our Lives

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